



Statement of the 23rd Nordic Congress of General Practice in Turku, 2024

Call for action:

Sustainable healthcare based on the core values and principles of Nordic general practice/family medicine.

The concept of sustainability relates to situations where it is urgent to avoid depleting resources to ensure the ability to meet future needs.

High-quality, well-coordinated, and comprehensive healthcare for all is a hallmark of the Nordic welfare states. Strong primary healthcare, as outlined in the Core Values and Principles of Nordic General Practice/Family Medicine, is an essential cornerstone of sustainable and socially responsible healthcare, aligned with the United Nations Sustainable Development Goals.

The 23rd Nordic Congress of General Practice, held June 2024 in Turku, Finland, urges our health care authorities to place sustainability as a top priority and urges doctors in General Practice/Family Medicine in the Nordic region to strive to put sustainability at the forefront of their practice. Further, we urge politicians, healthcare professionals across all sectors, and all other stakeholders to explicitly and publicly reaffirm the importance of preserving and further developing General Practice/Family Medicine. This is essential to maintain universal and equitable healthcare, avoid medical overuse and poor allocation of resources, and ultimately to preserve stable communities, and planetary health.

Signed,
the 23rd Nordic Congress of General Practice

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